



# L213500

## CABLE GRAB

### FEATURES

- Compatible with 3/8 inch, solid core, 1x7 or 7x19 steel or stainless steel ANSI Z359.16 cable systems
- Compatible with sternal harness D-rings
- Design allows for smooth up and down climbing operation while preventing nuisance lock ups
- Carabiner is self-locking with a minimum tensile break strength of 5,000 pounds, and a 3,600 pound gate rating
- Specifically designed compact ANSI compliant energy absorber.
- Meets ANSI Z359.16-2016



### SPECIFICATIONS

Model No.	Harness Connector	Length	Width	Height	Materials	Aprox. Weight
L213500	Zinc plated Steel Carabiner	4.0 in (102 mm)	2.0 in (51 mm)	6.5 in (165 mm)	Stainless Steel, Aluminum, Polyester	2.25 lbs (1 kg)

### COMPLIANCE STANDARDS

Meets	Minimum Breaking Strength	Average Arrest Force	Maximum Arrest Force	Capacity
ANSI Z359.16-2016	3,600 MBS (16 kN)	1,350 lbf (6 kN)	1,800 lbf (8 kN)	130 - 310 lbs (59 - 141 kg)
OSHA 29 CFR 1926.1053 & 1910.29	3,600 MBS (16 kN)	N/A	1,800 lbf (8 kN)	130 - 310 lbs (59 - 141 kg)

**⚠ WARNING:** Compliant fall protection equipment must only be used as it was designed and adhere to the hierarchy of controls as discussed in ANSI Z359.2. Users **MUST** read and follow all user instructions provided with the product. Before using a fall arrest system, users must be trained in the safe use of the system, as required by OSHA 29 CFR 1910.30 and 1926.503, or local safety regulations. Misuse or failure to heed these warnings and instructions may result in injury or even death.

WORK SAFE! WORK SMART!

## Technical Data Sheet

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